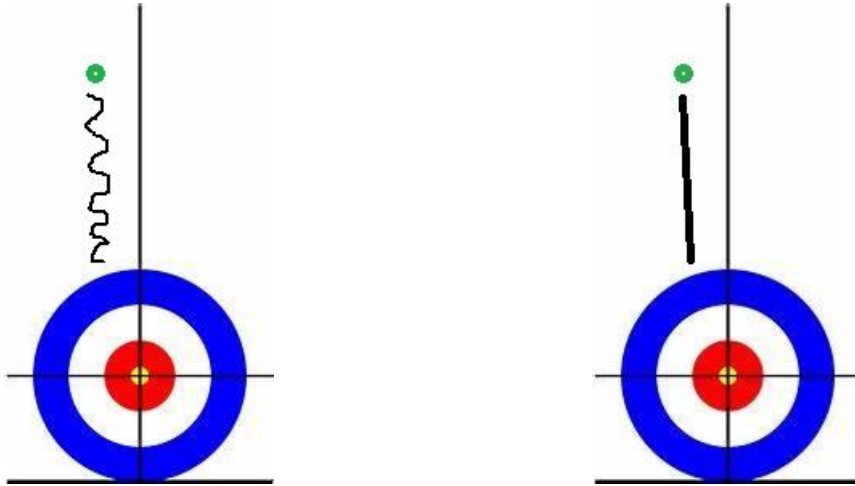


## Brushing-2 Person Stick

In the past, Curling Canada mandated that brushing had to involve strokes that took the brush head across the running path of the stone. The interpretation of this rule was that “snowplowing” and “corner sweeping” (sweeping only a partial path) were illegal. These rules have been changed (Curling Canada Rules and Curling Canada Summary of Rule Changes, 2022 - 2026).

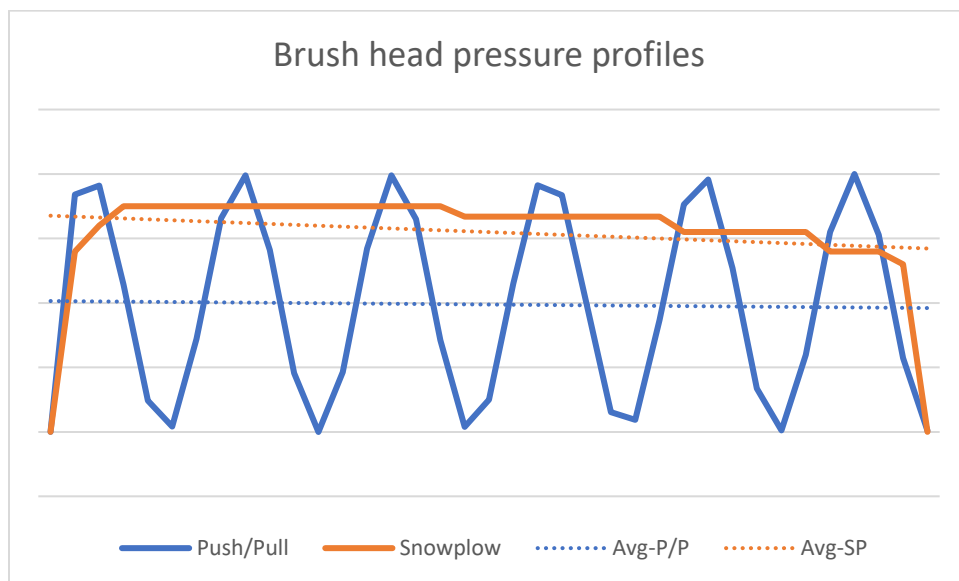
Traditional across the face (push/pull) brushing Technique

Snow plow brushing Technique



In terms of pressure applied to the ice surface, a brush stroke is not a constant thing, as there is more pressure on the brush head closer to the core of the body and decreasing rapidly as the arms extend away from the body, so the brushing effect rises and falls as you move the brush head back and forth in front of the rock (push/pull).

In terms of pressure applied to the ice surface when snowplowing, the pressure on the brush head is more constant as there is no effect from pushing then pulling the brush head across the face of the rock, so the brushing pressure/effect does not rise and fall.



In the 2024-25 and 2025-26 curling seasons, Norm Magnusson and Fred Spiring of Manitoba qualified and then used Curl Morris's Rock Thrower to assess the impact of brushing on rock travel.



Curl Morris, Rock Thrower

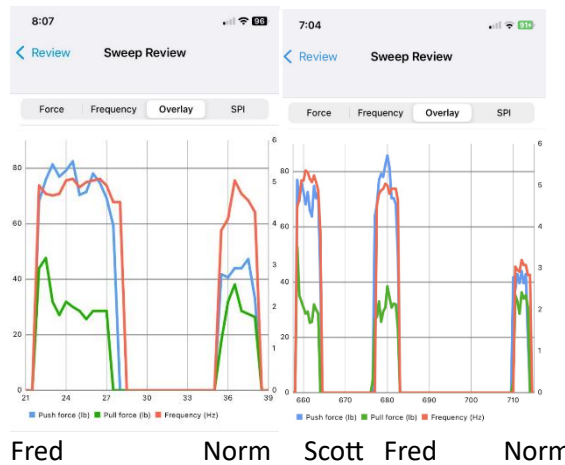
Analysis and assessment continues, however some key take away points include:

- a) Pressure, more than movement, increases rock travel distance. Where available, try out the SMART BROOM and determine which techniques (including body angle, body location, proximity to the running surface) maximize your brushing efforts. Current results suggest effective brushes can add 12" to 18" to rock travel when sweeping from the hog line in.



**SMART BROOM**

Some SMART BROOM sweeping profiles using traditional across the face (push/pull) technique



Fred Norm Scott Fred Norm

- b) Sweeping effort should be focused on the running surface of the curling stone regardless of sweeping technique (i.e., traditional (push/pull), snow plow, knifing). Focus on maintaining pressure on the path of the rock's running band.

Good path - <https://youtu.be/cEqoYiyNSFs> , Off path - <https://youtu.be/c8LDs9p0MIO>

- c) A rock's running band is generally slightly smaller than the outside edge of the rock handle, suggesting brushing effort should focus between the inside edges of the rock handle.

Additional information available at [www.mbsticktour.com/Sweeping-clinic-dec29-2025.pdf](http://www.mbsticktour.com/Sweeping-clinic-dec29-2025.pdf) .