



East St. Paul Curling Club
and the



Are offering a pair of
STICK CURLING CLINICS
SATURDAY, September 27
Novice Clinic, 10:00 am – 12 NOON
Advanced Clinic, 1:00 pm – 3:00 pm

The Novice clinic will be of interest to those beginning their curling career and include topics addressing
Types of Delivery Sticks * Line of Delivery * Rock Rotation *
Weight Control * Rules & strategy of 2 person stick curling

The Advanced clinic will be of interest to those looking to advance their curling career and include exercises in
Line of Delivery & Weight Control using laser devices and
managing Rock Rotation

For more information, please contact
espclinics@gmail.com